



The team at Spinal Support would like to invite you to a social gathering at the

**Northland Club
8 Porowini Avenue, Morningside,
Vinetown, Whangarei 0110**

**Thursday 19th August 2021
From 12noon - 3.30 pm.**

**An afternoon of light hearted
conversation and laughter.**

**We hope to have a guest speaker presenting a short
talk before lunch.**

**Lunch will be available at a
cost of approx \$15 per head.**

**Please R.S.V.P by the 10 August 2021
Via the Spinal Support office ph (09) 270 3526
Or via e-mail : info@spinalsupport.nz**